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Contact: Warren Collins, PS/21 Administrative Director, 518.392.6121, ps21@taconic.net

Dance Company Erases Border Between Dancer and NonDancer By Including Chatham Locals in Performance Naomi Goldberg Haas and Dances for a Variable Population Return to The Tent at PS21

[CHATHAM, NY] - PS21: Performance Spaces for the 21st Century welcomes back Dances for a Variable Population, a NY-based dance company that teams Chatham locals with professional dancers. The program, which runs August 15-20, includes a five day fitness class, five day dance workshop, and Saturday evening performance.

“This is a wonderful opportunity for everyone to discover their inner dancer, from young adults to seniors, from highly active people to persons with disabilities,” said Goldberg Haas. “Sign up for one class, be part of the audience for the performance, or participate in the entire program.”

Program Details

Fitness Class with Naomi Goldberg Haas

August 15-19, 9:30 - 10:30 am

This basic fitness class mixed with dance is appropriate for individuals of all abilities. “This class is cross training between fitness and the expressive language of dance. We will address fitness for flexibility, strength and cardio exercises with an emphasis on muscle tone and efficiency, body awareness and overall health,” said Goldberg Haas. “Everyone ought to come, regardless of age or ability.”

Dances for a Variable Population Performance Workshop

August 15-19, 11 am - 12:30 pm

Workshop participants will share in the joys of dance for expression, community and celebration. Building a performance from the stories of our lives, the five day series will lead naturally to the collaborative performance with the company on Saturday night.

- more -

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PS21@TACONIC.NET
518.392.6121
PS21CHATHAM.ORG
BOX 364 CHATHAM
NEW YORK 12037



Saturday Evening Performance August 20, 8:00 pm

This year’s Saturday performance will feature Washington Square Dances, a work which premiered earlier this summer. “Washington Square Dances continues our exploration of movement joining senior citizens with young professional dancers, erasing the boundaries between dancers and non-dancers,” said Goldberg Haas. “Their performances explore how these groups can learn from one another about the nature of movement and expression.”

Along with this piece, DVP is bringing “Street. Straight. Mambo. Disco,” a critical and popular success mixing modern dance with everyday movements, street and social dancing, set to popular music. “In the middle of the program, we will create a new piece specifically for the Chatham participants,” explained Goldberg Haas.

Director/Choreographer Naomi Goldberg Haas trained at the School of American Ballet and the Tisch School of the Arts. She has taught at California State, Loyola Marymount and NYU. She has been called “theatrical choreographer extraordinaire” by Village Voice and said to be “always pushing the boundaries of the medium” by Dance Magazine.

Pricing for the various components are as follows: Fitness Class \$15 per class. Performance Workshop (all classes, workshops and performance) \$125 General Admission and \$100 member. Saturday Night Performance \$20 General Admission and \$15 PS21 members.

To purchase tickets or for more about this event, call [518.392.6121](tel:518.392.6121) or visit ps21chatham.org.

PS21: Performance Spaces for the 21st Century is a not-for-profit organization in Chatham, New York dedicated to the performing arts and to serving a diverse community with concerts, programs and residencies by professional artists and ensembles, youth and children’s programming and cultural education opportunities for all ages. and is located at 2980 Route 66 in the Town of Chatham.

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